



**Week-At-A-Glance (WAAG) for Families:  
October 2<sup>nd</sup>-6<sup>th</sup>, 2023  
Highlights For Next Week Include:**

|                     |   |
|---------------------|---|
| Monday<br>Oct. 2    | Day in Lieu of National Day for Truth and Reconciliation – No School  |
| Tuesday<br>Oct. 3   | Cross Country Practice- Grade 1-7 @ 8:15 AM   |
| Wednesday<br>Oct. 4 | Grade 6/7 Volleyball Practice @ 7:45 AM   |
| Thursday<br>Oct. 5  | Cross Country Practice- Grade 1-7 @ 8:15 AM<br>Noisy Club in the Band Room<br>PAC Meeting @ 6:30 PM on Zoom |
| Friday<br>Oct. 6    | Breakfast Club 7:45 AM- 8:30 AM<br>Grade 6/7 Volleyball Practice at Lunch<br>Quiet Club in the Band Room    |

**Orange Shirt Day and Truth and Reconciliation**

As a school and district, we are dedicated to fostering an inclusive and compassionate environment for all our students, families, and staff. As we approach September 30, the National Day of Truth and Reconciliation, we wanted to share with you a few important events that are taking place in our school and district.

On September 22, 2023, our entire district staff engaged in a day of learning about Indigenous History, First Peoples Principles of Learning, and our collective role in reconciliation.

Indigenous culture places strong importance on a connection to the land. Today, all staff and students at DeBeck participated in a nature walk in silence listening to the sounds of nature and the drumming. After our walk, we all met in a large circle where we heard about the importance of the Orange shirt and talked about the importance of the slogan “Every Child Matters.” When students returned to their classes, they used orange ribbon to create a chain of words and phrases that came into their heart when they thought about Orange Shirt Day, Every Child Matters, and our commitment to Truth and Reconciliation. You will soon see the orange ribbons displayed at the front of the school.

## **Breakfast Club**

We are excited to begin DeBeck Breakfast club starting next week. This year, we will have breakfast club on Friday's from 7:45-8:30 AM. The purpose of our Breakfast Club program is to not only offer healthy breakfast choices for students and their families, but to also have time for DeBeck staff, students, and families to connect. Breakfast club will be a cell phone free time. We are asking everyone in the gym to **unplug from devices and connect face-to-face.** We have fun card games available in the gym- all are welcome!

## **Cross Country Run Club**

Notices went home this week to those students who have been coming out to our Cross-Country Club practices. If your child is planning to join the Cross Country Fun Run at Garry Point park, please return the completed form to Mrs. Schwartz or Mrs. Anderson. For the final two weeks, all ages, grade 1-7 will practice from 8:15-8:30 AM on Tuesday and Thursdays.

## **Grade 6/7 Volleyball**

Co-Ed Volleyball for Grade 6/7 students has started. Currently the practices are being held **Wednesdays at 7:45 AM and Fridays at Lunch.**

More information about games against other school will come next week. Thank you to our coaches, Ms. Tseng, Ms. Kim, Ms. Adjei-Achampong, Ms. Kilby, Ms, Romalis and Mr. Rymer.

## **Terry Fox Run**



The weather was beautiful as for our Terry Fox run on Wednesday. We continue to accept donations for the Terry Fox Foundation and cancer research. Donations can still be made online <https://schools.terryfox.ca/32904>. We will accept donations until Friday, October 6<sup>th</sup>.

## **HEALTH AND SAFETY AT DEBECK**

**Snack Sharing-** A reminder that due to allergies and family preferences, we discourage snack sharing at school. We keep snacks in the office for those students who have forgotten their snack or are still hungry.

**Parking Lot-** The drop off area of our driveway and parking lot is a drop off area only. Please DO NOT leave your car in that area unattended. If you wish to walk your child to their class, please park your car in a designated parking spot. Unattended cars create a traffic jam for those waiting to drop off. Thank you for your understanding.

**Swing Safety-** The children are enjoying the new Saucer swings and we are grateful for this new equipment. With any new piece of equipment our understanding of what works best evolves as we watch students play. This week, we have eliminated pushing of the saucer swings. Once students are on the swing, they can have two pushes to get them going and after that, they use their own momentum (pumping legs) to keep the swing going.

## **PAC CORNER**

**PAC Meeting** - Interested in hearing more about what is happening at school and learning about how families can support? Join the DeBeck PAC on Thursday, October 5<sup>th</sup> at 6:30pm on Zoom for the first PAC meeting of the school year.

*Time: Oct 5, 2023 06:30 PM*

*Join Zoom Meeting*

<https://us06web.zoom.us/j/87664486370?pwd=JxfCpi44kaTbarMfKSzh6LTCIxaJt4.1>

*Meeting ID: 876 6448 6370*

*Passcode: DeBeck*

**Movie Night** - Save the Date! Our first family movie night will be on Friday, October 13th. Doors will open at 5pm and showing will begin at 5:30pm. Kids must be supervised by an adult at all times. Pizza and snacks will be available for purchase. Stay tuned for more details on the movie title.

**Hot Lunch** - Don't fret if you missed the first hot lunch. Log on to <https://www.munchalunch.com/schools/debeck/> today to place your order for the remaining dates for 2023. The PAC has several vendors lined up with delicious options!

October 16 – A&W

October 23 – Pasta

November 6 – Sushi

November 20 – Pizza and Booster Juice

December 4 – Pasta

December 11 – HiFive Chicken

## **UPCOMING EVENTS**

### **OCTOBER**

- 13 PAC Sponsored Movie Night
- 16 PAC Hot Lunch Day (A&W)
- 17 District Cross Country Fun Run @ 3:30 PM (Garry Point Park)
- 18/19 Early Dismissal @ 1:45 pm for Parent Teacher Conferences
- 20 Province Wide Pro D Day- Students do not attend
- 23 PAC Hot Lunch- Pasta Olive Lunch
- 25 Individual Photo Day
- 27 DeBeck Pumpkin Patch (Thank you PAC)
- 31 Halloween

### **NOVEMBER**

- 6 PAC Hot lunch- Sushi
- 10 Remembrance Day Assembly @ 10:30 AM
- 13 Day in Lieu for Remembrance Day- No School