



**Week-At-A-Glance (WAAG) for Families:  
October 16th-20<sup>th</sup>, 2023  
Highlights For Next Week Include:**

Monday	PAC Hot Lunch Day (A&W) Meeting for Cross Country Run Club @ 12:10 in the gym
Tuesday	Cross Country Fun Run @ Garry Point- 3:30 PM
Wednesday	Early Dismissal @ 1:45 PM for Family/Teacher Conferences Grade 6/7 Volleyball Practice @ 7:45 AM
Thursday	Early Dismissal @ 1:45 PM for Family/Teacher Conferences
Friday	Province Wide Pro D Day- Students do not attend

**Breakfast Club-**We had a great turn out for our Breakfast club this morning. Cheese toast and eggs are the most popular items. Please do not park in the staff parking lot, if you are attending breakfast club.

OCTOBER Dates: October 27<sup>th</sup> (**There is not Breakfast Club on October 20<sup>th</sup>**)

NOVEMBER Dates: November 3<sup>rd</sup>, 17<sup>th</sup> and 24<sup>th</sup>

DECEMBER Dates: December 8th, 15th and 22nd

We are still looking for parent volunteers available to help with dishes and clean-up. If you are available please email Mrs. Schwartz [lschwartz@sd38.bc.ca](mailto:lschwartz@sd38.bc.ca)

**Cross Country Run Club-** We are looking forward to our upcoming Cross Country Fun Run at Garry Point. We will have a meeting on Monday at 12:10 for all students participating in the run. Please note, only students who have attended practices and completed a Field Trip permission notice can attend the run. Thank you.

**“Trick or Treat” Others with Respect-** Halloween should and needs to be fun; however, we need to be aware that celebrating Halloween needs to be fun for all. Halloween offers an opportunity to have meaningful conversations about costume choices. It is important to keep in mind that we need to be sensitive to groups that have been marginalized through mimicry and cultural appropriation during Halloween and other ‘dress up’ events.

**It’s good to keep in mind that the following are NOT Costumes:**

**RACE** (*black face/brown face*)

**CULTURE** (*Indigenous regalia/dreadlocks*)

**RELIGIOUS FAITH** (*religious figures/gods/saints/gurus/hijab*)

**GENDER** (*gender switching for humour or to mock*)

**TRAUMA** (*hangman’s noose/weapons*)

**Candy Donations-** The PAC is helping us continue the tradition of sending home a small bag of individually wrapped treats on October 31<sup>st</sup>. We are collecting Halloween nut-free treats from families that are store bought, and individually wrapped. Boxes of treats can be dropped off at the office, and the small bag of treats will be sent home with all students at the end of the day. Please drop off candy by October 27<sup>th</sup>. Thank you to the PAC for continuing this fun tradition.

**Feeding Futures School Program Fund-** Recently, the provincial government announced a new Feeding Futures School Program Fund, designed to assist schools in the development and enhancement of school meal programs and other nutritional supports for students.

If you would like to request support for your child at school, please reach out to Mrs. Schwartz [lschwartz@sd38.bc.ca](mailto:lschwartz@sd38.bc.ca). We are gathering information and look to provide ongoing support wherever possible. Implementation plans are underway, and we want to ensure families are aware, and as always, able to reach out if they require support. All requests will be treated with dignity and your privacy will be respected. We want to work with families to ensure that your children have everything they need in order to be successful at school. Please do not hesitate to reach out if we can help.

**HEALTH AND SAFETY TIP**

**Daily Health Check-** Cold and flu season is here. It is important that students who are not feeling well and who are unable to participate in all school activities, stay home and rest until they are feeling better.

## LEARNING TIP

### What I Learned in School



- Converting fractions to decimals
- Civil War dates

### What I Will Make Sure My Children Learn



- Caring for the environment
- Empathy
- The magic in a good book
- Self-care
- Anti-racism
- Problem solving
- Setting healthy boundaries
- Communication skills

@yournaturallearner

**School Looks Different Now-** The world is changing. School is changing. Our goal is for students to learn to read, write, communicate and do math. But along with important academics, we are also teaching our DeBeck students; care for the environment, the magic in a good book, problem solving, empathy, anti-racism and other things that will make a difference not only in our students' lives, but also in the world.

## COMMUNITY INFORMATION

### Back-to-school Wellness Toolkit

Back-to-school transition can be a stressful time for students and their parents/guardians or caregivers. The B.C. Children's Hospital has released a [back-to-school wellness toolkit](#) to help support families. Schools may share this toolkit through usual communication channels to support families with practical guidance and resources to support their child or youth as they adjust to the school routine and change in their environment.

### **City of Richmond – GO Day:**

This event is held on Friday, October 20 at Thompson Community Centre. A digital postcard is [available here](#) to distribute through usual school communication channels.

### **PAC CORNER**

**Movie Night** – We look forward to seeing all of you tonight for our first PAC Movie night of the year. Bring your family (and a cozy blanket, or folding chair if you like!) for a showing of Hotel Transylvania: Transformania.

Admission is free and we'll have pizza and snacks available for purchase (cash only). Don't forget to pack a water bottle. Doors will open at 5pm and the movie will start at 5:30pm.

Children must be accompanied by an adult.

**Hot Lunch** - Log on to <https://www.munchalunch.com/schools/debeck/> to place your order for the remaining dates for 2023. The PAC has several vendors lined up with delicious options!

October 23 – Pasta (deadline to order October 16<sup>th</sup> @ 11:59 PM)  
November 6 – Sushi  
November 20 – Pizza and Booster Juice  
December 4 – Pasta  
December 11 – HiFive Chicken

## **UPCOMING EVENTS**

### **OCTOBER**

23 PAC Hot Lunch- Pasta Olive Lunch  
25 Individual Photo Day  
26 Gr. 6/7 Volleyball (Home game vs Lee)  
27 Breakfast Club @ 7:45 AM  
27 DeBeck Pumpkin Patch (Thank you PAC)  
31 Halloween

### **NOVEMBER**

2 Gr. 6/7 Volleyball ( Home game vs. Garden City)  
6 PAC Hot lunch- Sushi  
7 Grade 6/7 Volleyball (Away game at Garden City)  
9 Grade 6/7 Volleyball (Home game VS General Currie)  
10 Remembrance Day Assembly @ 10:30 AM  
13 Day in Lieu for Remembrance Day- No School  
14 Grade 6/7 Volleyball (Away game at Lee)  
16 Individual Photo Re-take Day  
20 PAC Hot Lunch- Pizza and Booster Juice  
28 Grade 6/7 Volleyball (Home game VS Whiteside)  
29 Grade 7 Tournament Volleyball at Richmond High