



# DeBeck News

<https://debeck.sd38.bc.ca> Twitter: @debeckdragons



## Howard DeBeck Elementary

8600 Ash Street  
Richmond, BC  
V6Y 2S3

**Kathy Pantaleo**  
Principal

**Cori Anderson**  
Vice Principal

### School Schedule:

8:40 - Welcome Bell  
8:45 - Classes Begin  
9:55 - 10:10 Recess  
12:00 - 12:50 Lunch  
2:45 - Dismissal

## April 10th - 14th Week at a Glance

|           |   |
|-----------|---|
| Monday    | Easter Monday - No School                               |
| Tuesday   | Breakfast Club 7:45 am - 8:30 am<br>Track Attack @ 1:50 |
| Wednesday | Track Attack @ 1:50                                     |
| Thursday  | Track Attack @ 1:50                                     |
| Friday    |   |

Dear Families,

Each year we ask our students, families, and staff questions about our school to see if what we are doing is helping our community feel safe and connected so that our students can grow as learners. Staff take the feedback and use it to guide our decisions as a school for this year and next. Please take the time to provide parent feedback by clicking [HERE](#).

On April 12th, students in Grades 4 - 7 will be a part of digital literacy and internet safety virtual presentations by a company called the White Hatter. The content will be age appropriate, as there will be one presentation for students in Grades 4 and 5, and another presentation for students in Grades 6 and 7. There will also be a presentation for DeBeck families tonight from 7:00pm - 9:00pm. This session will be recorded and shared with families who will not be able to join us at that time. Please see the email sent to families for the link and passcode. You can click [HERE](#) if you would like to learn more about the White Hatter and their offerings.

Track Attack started yesterday! To help your children be prepared each afternoon for Track Attack, please send a water bottle, hat and sunscreen each day. We will postpone Track Attack on days it is raining, and reschedule make-up days on Thursday and Friday.

**We are also happy to share that we will be joining other schools at Minoru Park for our Track Meet on Tuesday, May 9th.** We will be asking for families to help drive students to and from Minoru on that day. More information to come!

If you have any questions, please do not hesitate to contact us at [kpantaleo@sd38.bc.ca](mailto:kpantaleo@sd38.bc.ca) or [coanderson@sd38.bc.ca](mailto:coanderson@sd38.bc.ca).

Wishing you all good health,

Kathy Pantaleo and Cori Anderson

## Important Dates!

|          |  |
|----------|--|
| April 6  | White Hatter parent presentation 7:00 pm       |
| April 7  | Good Friday                                    |
| April 10 | Easter Monday                                  |
| April 12 | White Hatter student Presentations to Gr 4 - 7 |
| April 18 | Class Photos                                   |
| May 3    | BC Lions Presentation                          |
| May 9    | Track Meet                                     |
| May 19   | Professional Learning Day - No School          |



## Raffle Ticket Booklets Went Home Today!

The PAC is starting the 2023 Spring Raffle today, April 6, 2023. All students will be coming home with one raffle book where ticket purchasers have a chance to win up to \$500 in cash. Instructions are also attached with details about how students can win a basket full of games and treats, cash prizes, and an ice cream party for their class! Please email [debeckpac@gmail.com](mailto:debeckpac@gmail.com) if you have any questions.

## PAC RAFFLE TICKETS ARE BACK!

From April 6th - 27th

Raffle draw will be on May 5th at 2:45 pm

1st place: \$500

2nd place: \$250

3rd place: \$100

\$2/ticket

1 entry for 1st book returned unsold

1 entry for a partially sold returned book

2 entries for each fully sold book



## Special Edition Terry Fox Shirts for Sale!

The 2023 Terry Fox Run shirt was designed with help from **Ryan Reynolds** and the Fox Family. The shirt features messages Terry and his family received both past and present, and celebrates how his story and legacy continues to inspire people of all ages, backgrounds, and abilities in Canada and beyond. All merchandise sales are added to our school's fundraising total and support cancer research.

Adult Shirts cost \$25 and Youth Shirts cost \$20. If you wish to order a t-shirt, please use the school cash-online link [HERE](#). Please have your order placed by Monday, April 17th.



## Track Attack Has Begun!

**Students in Grades 4 - 7 will learn all of the events over the next few weeks to prepare for our Track Meet at Minoru Park on Tuesday, May 9th!**  
**More information to come!**



RICHMOND SCHOOL DISTRICT | PARENT INFORMATION SESSION | MENTAL HEALTH WEEK

# Holding Onto Our Kids in a Digital World

*with Dr. Deborah MacNamara*



Dr. Deborah MacNamara is the author of *Rest, Play, Grow: Making Sense of Preschoolers (or anyone who acts like one)*, and her children's picture book, *The Sorry Plane*. She is on Faculty at the Neufeld Institute and Director of the counselling practice, *Kid's Best Bet*.

*As if parenting wasn't hard enough in having to deal with screens, peer pressure on kids - and then we had to add a pandemic on top of it!*

How can we hold on to our kids so we can influence and guide them? What do kids really need from us so as to grow into socially and emotionally responsible beings? This presentation will discuss issues from technology to peer problems and how parents are the ultimate answer for what kids need most of all. Practical suggestions for (re)building strong relationships with kids from preschoolers to teenagers will be discussed along with managing challenging behaviour - including screen time!

## DATE/TIME

**Tuesday, May 2, 2023**  
**6:30 – 8pm**

## LOCATION

**Hosted virtually**   
**via Zoom** 

## REGISTRATION

Register using either the web address or QR code below.

<https://bit.ly/40yMLJH>

