

# COSTUMES

- Costumes should not restrict movement or vision
- Opt for brightly coloured costumes
- Wear reflective tape and use glowsticks to increase visibility
- Use flame resistant accessories and costumes
- Use face paints instead of masks
- If your costume includes weapons make sure they look fake
- Dress for the weather when you are out there getting candies
- Avoid coloured contact lenses

# TRICK OR TREATING

#### STRENGTH IN NUMBERS

- Go in a group of friends and have least 1 person with a cell phone and flashlight
- Set a time for when everyone needs to be home and designate a place to meet if someone gets lost

#### **KNOW YOUR ROUTE**

- Go trick or treating in a familiar neighbourhood and plan your route beforehand
- Do not use shortcut through alleys, backyards or dark areas
- Stick to sidewalks and look both ways before crossing the street

### **FIREWORKS**

 Beware of fireworks as many people end up going to hospital for firework related injuries



## **HOUSE RULES**

- Do NOT go inside someone's house even if they invite you in
- Only go to houses that are lit

### **TREATS**



Throw away candy that is opened or ripped Check for tampered candy



