



DeBeck News

<https://debeck.sd38.bc.ca> Twitter: @debeckdragons



Howard DeBeck
Elementary

8600 Ash Street
Richmond, BC
V6Y 2S3

Kathy Pantaleo
Principal

Cori Anderson
Vice Principal

School Schedule:

8:40 - Welcome Bell
8:45 – Classes Begin
9:55 - 10:10 Recess
12:00 -12:50 Lunch
2:45 - Dismissal

Nov 28th - Dec 2nd Week at a Glance

Monday

Tuesday

Wednesday

Grade 7 Volleyball Tournament at Richmond Secondary

Thursday

Friday

Dear Families,

Today, staff met for our Professional Learning Day about social emotional learning and how we can work together to help our students feel connected at school. This is an important part of our focus this year. Building trusting relationships and learning how to care for ourselves, are some ways that we can work together to create an inclusive school that recognizes and values diversity. Staff are starting up clubs at DeBeck such as our JEDI (Justice, Equity, Diversity, and Inclusion) Club at lunch, as well as a Breakfast Club that we're starting up in January. We also recently received a grant for \$15 000 to help re-vision our learning spaces. This will support us in our goal to plan learning that is inclusive and accessible for all. Our actions are in an effort to help students feel safe and connected at school.

As we are entering the flu season, we would like to take this time to thank families for keeping their children home if they have a cold, upset stomach or fever. We know that this puts an extra burden on working families. At the same time, it's important that we all work together to help us keep DeBeck a safe and healthy school.

If you have any questions, please do not hesitate to contact us at kpantaleo@sd38.bc.ca or coanderson@sd38.bc.ca.

Wishing you all good health,

Kathy Pantaleo and Cori Anderson

Important Dates!

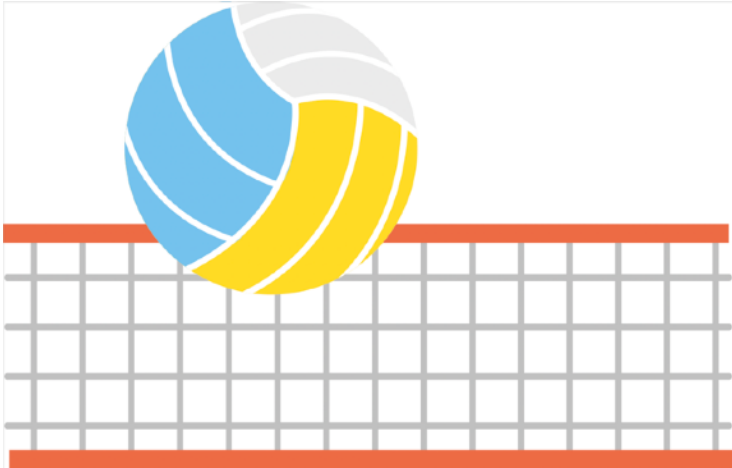
Dec 5	Hot Lunch - Sushi Lovers
Dec 7	PAC Meeting @ 6:30pm
Dec 14	Winter Fun Day!
Dec 14	Paper Copies of Reports sent home to families for all classes
Dec 15	Winter Sing-a-long Concert with families
Dec 16	PJ Day!
Dec 16	Last Day of School



Kindergarten Registration

NOV · DEC · JAN

www.sd38.bc.ca/kindergarten



Thank you to our Volleyball Coaches and Parent Volunteer for a great season!

For the past few weeks, our Grade 6/7 volleyball team played games against Garden City, Currie and Walter Lee Elementary. Thank you to our coaches: Ms. Tseng, Ms. Kim, Ms. Soo, Ms. Kilby, Ms. Romalis, Ms. Anderson, Ms. Pantaleo, and Ms. Sequeria for all of their help!

Our Grade 7's will be participating in the Richmond Colt's Tournament this Wednesday to wrap up the season. Go Dragons!

BITE SIZE SOGI SERIES:

#1: NAMES & PRONOUNS

KRAFT SD61

PRONOUNS ARE HOW PEOPLE REFER TO US IN THE THIRD PERSON

The most common pronouns that you will likely encounter are she/her, he/him, and they/them. We ALL have pronouns, and for a lot of us, we don't think about them because they just "feel" right. This is not the case for everyone though: many trans folks grew up being referred to with pronouns that didn't "feel" right.

Think of it like this: you know when you were a kid & your adults made you wear an uncomfortable outfit for an important event, and you kept getting compliments on it, but you just wanted to get home to rip it off? That's how it feels to be referred to with the wrong name and pronouns.

- IT'S EASY TO ASSUME, BUT PRACTICE ASKING INSTEAD!
- INTRODUCE YOURSELF WITH YOUR OWN PRONOUNS TO NORMALIZE IT: "HI, MY NAME IS KELLI, I USE SHE/HER PRONOUNS."
- ADD YOUR PRONOUNS TO YOUR EMAIL SIGNATURE & YOUR ZOOM NAME TO NORMALIZE IT
- REMEMBER THAT A PERSON'S PRONOUNS ARE NOT DETERMINED BY THEIR APPEARANCE

ALWAYS ASK (AND SHARE)!

An easy way to make sure you are aware of your students' (or anyone's!) name and pronouns is to ask. I do this by including questions on a first day survey:

*What name appears on my attendance sheet?
What name do you want me to use in class?
What are your pronouns?
Can I use these pronouns when I contact home, talk to other teachers/admin?*

- MANY STUDENTS USE A NICKNAME OR MIDDLE NAME, SO IT IS NOT UNCOMMON TO USE A NAME OTHER THAN THAT ON THE ATTENDANCE SHEET
- MANY OF US WILL TEACH STUDENT'S BEFORE & AFTER THEY TRANSITION, SO UNLESS WE ASK, WE WON'T KNOW HOW THEY WANT TO BE REFERRED TO
- ASKING EVERYONE NORMALIZES THE QUESTION & AVOIDS OUTING TRANS KIDS

WE ALL MAKE MISTAKES!

It can be daunting to start using a name we're unused to, or pronouns that we're not sure how to use. Remember that we all make mistakes, and that's part of learning!

We all know that practice makes perfect, so if you find yourself mistaking a person's name or pronouns often, talk about them to yourself using the proper language!

"Cameron looks so nice today. I love their style. They have great hair. I'm so happy that I get to work with them this year.

- TRY NOT TO JUST "BREEZE BY" A MISTAKE WHEN YOU MAKE IT. ACKNOWLEDGE IT SO THE PERSON KNOWS YOU'RE AWARE!
- IT'S TEMPTING TO "DRAW OUT" AN APOLOGY TO MAKE CLEAR THAT YOU FEEL BAD--HOWEVER, THIS PUTS THE ONUS ON THE OTHER PERSON TO APOLOGIZE FOR THE "INCONVENIENCE"
- TRY THIS AS BEST PRACTICE: "WHEN JANE WENT TO HER...WHOOPS, SORRY, I MEAN WHEN JAMES WENT TO HIS..." AND MOVE ON!

I LOVE SHARING! EMAIL ME AT KKRAFT@SD61 WITH YOUR QUESTIONS OR CONCERNS, OR TO GET SOME RESOURCES.